

The Rehabilitation Services Department brings together health professionals and equipment to treat a variety of rehabilitation needs through physical, occupational, and speech therapies. The department provides the community with outpatient as well as inpatient rehabilitative services. The department also provides these same services to the residents in our nursing home, and patients in our skilled nursing unit. The Department also provides wound care with the assistance of a certified wound ostomy continence nurse.

PHYSICAL THERAPY SERVICES

Helps restore movement and walking ability, strength, and flexibility, as well as decreases pain. For patients recovering from injury, surgery, neurology disease and strokes, as well as wound care

OCCUPATIONAL THERAPY SERVICES

Helps individuals recover their abilities to perform daily tasks, such as feeding and dressing themselves after a stroke and also upper extremity use/function after injuries or surgery.

SPEECH THERAPY SERVICES

Addresses speech retraining and swallowing difficulties caused from injury, illness or birth defects.

THE DEPARTMENT USES A WIDE VARIETY OF EQUIPMENT INCLUDING:

- Ultrasound
- Whirlpools
- Hot Packs
- Electrical Stimulation
- Traction
- Customized Exercise Equipment

CALL US FOR MORE
INFORMATION AND TO
SCHEDULE YOUR TOUR TODAY

Hardin Medical Center
935 Wayne Road
Savannah, TN 38372
Phone: (731) 926-8000
Fax: (731) 926-8160

VISIT WWW.HARDINMEDICALCENTER.ORG



REHABILITATION SERVICES

PHYSICAL / OCCUPATIONAL / SPEECH-LANGUAGE



Rehabilitation Services Managed by

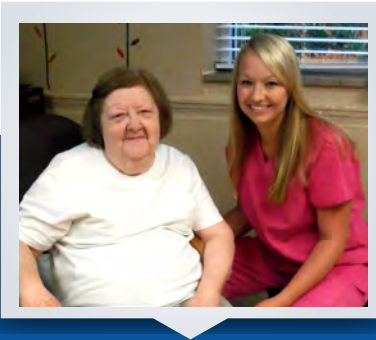


614 Mabry Hood Road, Suite 301
Knoxville, TN 37932
Phone: (888) 531-2204
Fax: (888) 531-2697
www.functionalpathways.com



PHYSICAL, OCCUPATIONAL, AND SPEECH THERAPY

HMC Health & Rehabilitation Center, is a dual-certified 73 bed facility, offering both skilled care and traditional nursing home care.



PHYSICAL THERAPY

The Physical Therapy program improves the quality of life by promoting resident independence. Each therapy program is customized according to the resident's unique needs to regain balance, good body mechanics, strength and mobility.

Physical therapy treatment plans may include:

- Training in areas of Bed Mobility, Transfers, and Gait (with or without an assistive device)
- Treatment of Lower Extremity Dysfunction
- Strength Training and Coordination
- Range of Motion Therapy
- Pain Management
- Balance Training
- Amputee Care / Prosthetics
- Wound Management
- Physical agent modalities such as Ultrasound and TENS Anodyne Therapy



OCCUPATIONAL THERAPY

Occupational Therapy addresses important elements in the treatment of individuals experiencing functional limitations in self-care skills and activities of daily living.

Occupational therapy treatment plans may include:

- Fine and Gross Motor Control Development
- Activities of daily living such as Dressing, Grooming, Bathing, and Home Management Skills
- Training in the use of Self-Help Aids
- Cognitive Skills Development
- Upper Body Strengthening and Coordination
- Home Evaluation to Assess need for Adaptive Equipment and Promote Safety



SPEECH-LANGUAGE THERAPY

Speech-Language Pathology patients are evaluated and treated for hearing, language, communication, and swallowing disorders. The focus is on improving speech-language expression, comprehension, oral motor skills for more accurate speech production, and strategies for safe eating.

Speech therapy treatment plans may include:

- Receptive / Expressive Language Therapy
- Aural Rehabilitation
- Dysphagia (difficulty in swallowing)
- Cognitive Rehabilitation
- Vital Stim